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**SPECIALISTS IN APPLIANCE THERAPY FOR ADULTS AND CHILDREN**

## ADJUSTMENT INSTRUCTIONS FOR: THE ORTHOPEDIC CORRECTOR

### INSERTION OF APPLIANCE:

1. The appliance should fit loose when inserted. It does not “snap” into place
2. Very little adjustment will be needed.
3. The labial wire should be 1/2mm away from the anterior teeth.
4. See the patient 3-4 days after inserting the appliance to check to see how the patient is progressing and if there are any problems wearing the appliance.
5. See the patient one week later to monitor how they are wearing the appliance and make sure they are not have any problems.

### ADJUSTMENTS TO BE MADE AT EACH APPOINTMENT:

1. Each month you will need to see the patient to check their progress.
2. The labial wire should remain about 1/2mm away from the anterior teeth.
3. The Coffin Spring should be off the tissue.
4. If needed the expansion screw should be turned one turn once a week.
5. Be sure to cut the lingual wire if you are going to have the patient turn the screw.
6. Begin removing interproximal acrylic on the lower posterior teeth to increase the vertical. Acrylic can be removed from the distal of the upper posteriors. Be sure to leave acrylic mesial of the upper 1<sup>st</sup> molars especially in the mixed dentition.

### ADJUSTMENTS FOR ADDITIONAL ADVANCEMENT:

1. The side screws can be activated for additional repositioning of the mandible in severe Class II cases.
2. After the Orthopedic Corrector has been worn for 3 months, you can then start the activation of the side screws.
3. It is necessary to trim off all the lower facets of the posterior acrylic to free the lingual surfaces of the lower posterior teeth. This allows the appliance to slide freely.
4. Instruct the patient to turn the side screws in the direction of the arrows on the tissue side.
5. The screws should be turned 6 times each Sunday until the desired repositioning has been accomplished.

### PATIENT INSTRUCTIONS:

1. This appliance should be worn 20-22 hours a day. It should be removed during eating.
2. To clean the appliance, brush it after each meal with tooth paste.

FOR ADDITIONAL ADJUSTMENT INFORMATION ABOUT THIS APPLIANCE  
AND MANY MORE, VISIT OUR YOUTUBE CHANNEL AT:

[www.youtube.com/ OhlendorfApplianceLab](http://www.youtube.com/OhlendorfApplianceLab)

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